

BAYSIDE BIATHLON 2010

At Vaucuse Shores – April 24, 2010 – 9:30 a.m.

3.5 Mile Run and 13.5 Mile Bike

ALL PROCEEDS BENEFIT HABITAT FOR HUMANITY OF THE EASTERN SHORE

Snacks, Food, and Drinks will be provided during and after the event.

Early Bird Registration fee(T-shirt included):

Individual (\$25) Team/Married (\$35)

Registration if postmarked after 4/17/10(no T-shirt):

Individual (\$30) Team/Married (\$40)

Same Day Registration opens at 8:15 a.m.

Please Print, fill out this form, and mail with your entry fee to:

Bayside Biathlon

P.O. Box 221

Franktown, Va 23354

ONE FORM PER ENTRANT. Entry fee is non-refundable. Photocopy form for TEAM and MARRIED divisions.

Last Name _____ First Name _____ Sex: M/F Age on 4/24/10 _____

ADDRESS _____ Phone # _____

CITY _____ ST _____ ZIP _____ Email _____

CIRCLE EVENT: INDIVIDUAL TEAM MARRIED

CIRCLE T-SHIRT SIZE(For Early Bird Registration Only): S _____ M _____ L _____ XL _____

INDIVIDUAL AGE DIVISION:

18 & under _____ 19-29 _____ 30-39 _____ 40-49 _____ 50-59 _____ 60 & over _____

Team Division Name _____ (If no name selected will use last name(s))

Married Division Name _____ (If no name selected will use last name followed by #. I.E. Smith 1)

!!!ALL CYCLIST MUST WEAR A HELMET!!!!

You must sign waiver before Registration can be processed.

RACE PARTICIPANT: PLEASE READ AND SIGN WAIVER

WAIVER: I know that participating in a biathlon is a potentially hazardous activity. I should not enter and run, walk, or bike unless I am medically able and properly trained. I assume all risks associated with running, walking, and/or biking in this event; including, but not limited to falls, contact with other participants, the effect of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race director, volunteers, sponsors, Vaucuse Shore Homeowners Association, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I will permit the use of my name and pictures in broadcasts, newspapers, brochures or other publications, etc. **I understand that the entry fee is nonrefundable.**

Participants under 18, have a parent or a guardian sign. **Waiver Signature** _____ **Date** _____

PARICIPANT SIGNATURE _____ **DATE** _____

SIGNATURE OF PARENT OR GUARDIAN _____
(if under 18 years of age)

GO TO WWW.BAYSIDEBI.COM FOR EVENT DETAILS AND ADDITIONAL REGISTRATION FORMS.

Make Checks/money orders payable to: Bayside Biathlon